

## NO PESSIMISM AT THE FRONT

Pershing's Troops Are Fully  
Equipped, Says General  
Bell, Just Returned

OFFICERS' FITNESS  
A VITAL MATTER

For This Reason Bell Con-  
siders Pershing a Better  
Man Than Himself

Washington, March 30.—Major General J. Franklin Bell, second senior general in the American army, yesterday branded as false the widely-circulated report that the German drive which has held the attention of the world for the last eight days was a surprise to the British army.

"It has been reported that the British were partially ignorant of what was going on behind the German lines," said the general in testifying before the Senate committee on military affairs regarding his observation in France. "The report is untrue, as I am personally aware. The British knew what the Germans were preparing to do."

The German general staff was characterized by the general as the best general staff in the world. Later in his testimony he qualified the statement by saying that it was one of the best. He declared that army officers deteriorate after they pass the age of fifty years, saying that while it was his desire to go to France, he would "submit with good grace and say nothing" if the medical board which has been examining him daily since Monday, "submits an unfavorable report." He has been in the service forty-three years.

The morale of the allied armies, French, British, and American, the general said, was excellent. "The morale is higher the nearer the front you go," said the general. "I heard no pessimism except in the far rear among non-combatants, where they know nothing of conditions in the front line. The most pessimistic expressions came from the representatives of the press who were going through their first experience of warfare. I probably would have felt the same if I were getting my baptism of warfare."

The general said that one American division was in the front line trenches when he left France. He said that so far as he knew General Pershing's command was fully and completely equipped, saying he believed there had been misapprehension concerning "certain features of equipment." He said the trouble came at first when the troops began to arrive in France and when necessary equipment was delayed because of the transportation shortage. He said there was not the slightest doubt that American troops fighting in France were using French-made artillery exclusively.

"Germany," said the general, "possesses the best general staff in the world. It is able to profit by retaining the service of a few rather old generals. I will change my statement by saying that Germany has one of the best general staffs. The test of war in the other armies, however, has demonstrated that, other things being equal, physical vigor is an asset so great in a general that no country can afford to disregard it."

"To make my meaning clear I will use myself as an example. When I went to the Philippines in the Spanish-American war I do not suppose there was a better physical specimen than I was at the time. I was then forty-two years old. I could work an unlimited number of hours a day and I worked constantly in that tropical climate month in and month out without a day off duty. I have carried the marks ever since. I am still, in my own mind, in pretty fair physical condition, but if the medical board makes a report unfavorable and if my superiors determine that it is to the interest of the nation that I should retire, I will submit with good grace and say nothing. I feel that it is the only soldierly thing for a soldier to do."

"But I shall regret it and shall continue to think I could render more valuable service in France than I could render in the United States, because there are few officers who have had greater experience in actual warfare and in commanding large bodies of men. However, it is for the United States to decide where I can render the best service. If it be not

## BAKER'S BREAKFAST COCOA

The food drink  
without a fault

Made of high grade  
cocoa beans skill-  
fully blended and  
manufactured by a  
perfect mechanical  
process, without the  
use of chemicals. It  
is absolutely pure  
and wholesome, and  
its flavor is deli-  
cious, the natural  
flavor of the cocoa  
bean.

The genuine  
bears this trade-  
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made only by

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DORCHESTER  
MASS.

Established 1780

inappropriate, I should like to say that General Wood is the senior general in the American army. I am next, General Barry is third and General Pershing is fourth. I have freely acknowledged to General Pershing and to everyone else that I believe the selection of General Pershing instead of myself was a wise one and based exclusively on age.

"Only one division of American troops had been assigned to a sector of the front at the time I left. Some of the American regiments were serving with the British and French largely for training. I may say that the morale of all was most excellent when I was there, British, French and American alike. The morale was higher the nearer the front line you went. I heard no pessimism whatever except in the far rear from non-combatants who knew nothing of conditions in the front line. I heard very little pessimism. The most pessimistic expressions were from the representatives of the press, whose first experience of warfare is coming now. They did not seem to realize that no war was ever conducted under ideal conditions. Because conditions were not perfect they were unnecessarily pessimistic. But I have no quarrel with the press and I think I should have been as pessimistic as they if I were receiving my first war baptism."

"Have our troops everything to be desired in the way of equipment," interjected Chairman Chamberlain.

"So far as I know, General Pershing's command is fully and completely equipped. I think there has been misapprehension concerning certain features of equipment. Certain portions of necessary equipment did not arrive in France with the troops because of the shortage of transportation."

Senator New—What are you referring to, general?

General Bell—Animals, motor vehicles, transportation facilities generally. At first neither animals nor motor vehicles arrived as soon as the troops did. How- ever, there was no pressing need at the time. Since then animals and motor trucks have been obtained.

Senator New—Are not the American troops on the front equipped with artillery made in France?

General Bell—There is not the slightest doubt of it.

WILSON SEES TAFT AND LOWELL.

They Lay Before Him Program of the  
Win-the-War Convention.

Washington, March 30.—Former President Taft and President A. Lawrence Lowell of Harvard university, Thursday laid before President Wilson the program of the win-the-war convention which the League to Enforce Peace will hold at Philadelphia in May. The president already has indicated that he is in accord with the movement, but Mr. Taft said that in view of the stress under which the president is working it was decided not to ask him to attend the convention.

## WHEAT WIPED OFF MENUS

Of Several Hundred of the  
Leading Hotels of the  
Country

WHEAT PRODUCTS  
ALSO INCLUDED

Food Administration Made  
Request for Complete  
Abstinence

Washington, March 31.—Wheat and wheat products were wiped off the menus of several hundred of the country's leading hotels yesterday in response to a request of the food administration that every independent well-to-do person in the United States should pledge complete abstinence from wheat until the next harvest could supply the imperative needs of the allies.

"MEATLESS DAYS"  
OVER FOR PRESENT

National Food Administration Has Sent  
Instructions to All State Ad-  
ministrators

Washington, D. C., March 30.—The suspension of meatless day regulations for 30 days was ordered last night by the food administration in instructions telegraphed to state administrators.

U. S. CONSIDER  
DR. MUCK DANGER  
IN PUBLIC PEACE

Attorney General Gregory Telegraphs  
Instructions to Marshal Mitchell—  
Mrs. John L. Gardner Visits  
the Prisoner.

Boston, March 30.—A telegram was received by United States Marshal Mitchell Thursday from Attorney General Gregory at Washington in which it is stated that Dr. Karl Muck is a danger in public peace and safety of the United States. The marshal was further instructed from Washington to keep the prisoner in a hygienic place.

A representative of Mrs. John L. Gardner called at the office of Marshal Mitchell and secured a pass for the admittance of Mrs. Gardner yesterday to the East Cambridge jail to see Dr. Muck. Mrs. Muck is absent from Boston, and Mrs. Gardner decided to help cheer the prisoner by her visit.

Later Mrs. Gardner and C. J. Foley, secretary of C. A. Ellis, manager of the Symphony orchestra, visited Dr. Muck and stayed half an hour. Mrs. Gardner brought jam, jellies, preserves and cake, with which the prisoner was greatly pleased.

Dr. Muck has two pipes now, one a French briar and the other a long-stemmed German meerschaum, and with a large can of pipe tobacco, smokes first one and then the other with apparent enjoyment. He is a great reader, and spends the greater part of his time in smoking and reading, taking but little exercise in the jail yard.

Assistant United States District Attorney Judd Dewey yesterday denied the rumor that the arrest of Dr. Muck was the result of any information furnished by members of the Boston Symphony orchestra who are jealous of the leader's connection with the orchestra.

Dr. Dewey declared that his intention had not been previously called to any trouble among musicians relative to Dr. Muck's affairs.

The arrest of Dr. Muck was made under section 12 of the president's proclamation of April 6, 1917.

THE SWORD AND GOD  
KAISER'S STRONG ALLIES

Will Win Peace for Germany, the Em-  
peror Tells Reichstag  
President.

Amsterdam, March 30.—"The deeds performed by the army in the last few days are worthy to rank with the most brilliant feats of the war," says a message sent by Emperor William to the vice-president of the Reichstag. "We have grievously shaken England's army, by God's help. We are advancing daily, notwithstanding tenacious resistance. The number of prisoners is great. The booty in war material is immeasurable."

"May the German people, and especially their chosen representatives, derive confidence anew from the greatness of these achievements, that the German sword will win peace. May it be recognized that what is now needed is that the people at home, too, shall manifest by their fortitude their will to victory. The coming world peace will then, through the German sword, be more assured than hitherto, so help us God."

PLAN TO RETIRE WOOD?  
Report That Major General Will Be  
Dropped.

New York, March 30.—The Washington correspondent of the New York Sun said yesterday: "Storm clouds are said to be gathering over the head of Major General Leonard Wood. Friends of General Wood have become stirred over rumors that he is about to be retired on the ground of physical disability. There is no confirmation of these rumors to be had at the war department. General Wood, it is known, took his recent leave from a hint that his retirement was under consideration. He is the senior major general of the army. The fact that he was not ordered to remain in France caused much surprise. Since General Wood's return members of his personal staff have been transferred and sent back to France."

"General Wood did not expect that his testimony before the military committee given Monday, would be made public. He is desirous now of appearing at a public session, in order that his statement might be made sequentially."

"After hearing General Wood's testimony, some members of the Senate military committee expressed the view that experiences so interesting as his ought to be repeated to the president. Senator Thomas of Colorado, Democrat, suggested to Secretary Taft that the president send for General Wood. He was told that the matter would be taken under advisement."

## DANGER LURKS IN EVERY ONE OF US

We Are As Full of Deadly  
Poisons As A Germ  
Laboratory.

AUTO-INTOXICATION  
OR SELF-POISONING

"FRUIT-A-TIVES" Absolutely Pre-  
vents This Dangerous Condition.

The chief cause of poor health is, our neglect of the bowels. Waste matter, instead of passing from the lower intestine regularly every day, is allowed to remain there, generating poisons which are absorbed by the blood.

In other words, a person who is habitually constipated, is poisoning himself. We know now that Auto-intoxication, due to non-action of the bowels, is directly responsible for serious kidney and bladder troubles; that it upsets the stomach, causes indigestion, loss of appetite and sleeplessness; that chronic rheumatism, gout, pain in the back, are relieved as soon as the bowels become regular; and that Pimples, Rash, Eczema and other skin affections disappear when "Fruit-a-tives" are taken to correct constipation.

"Fruit-a-tives" (or Fruit Laxative Tablets) will protect you against Auto-intoxication.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent on receipt of price, by FRUIT-A-TIVES Limited, OGDENSBURG, N. Y.

FRENCH ARMIES GAIN HEALTH.

They Are Better Physically Than at  
Outset of the War.

French Front, March 29.—French armies in the field are more healthy than at the beginning of the war say the medical reports. This is attributed to hygienic precaution and the betterments introduced in the housing and care of the troops.

Typhoid and analogous diseases have become very rare. During the first ten days of January this year, only seventeen cases were reported as the total in all the French armies, whereas in December, 1914, and January, 1915, the average reached well over four figures and was very disquieting. The disappearance of these dangerous maladies is attributed by the doctors to the introduction at the end of January, 1915, of compulsory inoculation of the troops with anti-typhoid serum.

The remarkable health of the soldiers in the field is the more striking when the conditions under which they live when on active service in the trenches is taken into consideration. Then for weeks on end they are subjected to the most severe trials. They must execute all the numerous chores inseparable from being cut off from the usual life of mankind. In every kind of weather they have to bring up to the front lines supplies of food and ammunition. They have to stand on guard in rain and snow and mud for days at a time.

When not on actual guard they pass their time in crowded and damp dugouts where the air is always bad. At all times in the front line sectors they are compelled to take their rest while the enemy is equipped so as to be ready for a call to fight. Their food is brought to them by comrades just as dirty as themselves, and as there are no opportunities to wash, it is handled by hands covered with mud and grease.

In fact, all the surroundings of the soldier in the front line are such as to breed disease, yet they seem rapidly to accustom themselves to them and to maintain their health.

Even throat and chest trouble have diminished among the troops, thanks to the improved conditions in the rest camps, where on coming down from the front lines the soldiers are now provided each with a trestle bed raised from the ground, which is the acme of comfort as compared with the bundle of damp straw usual in 1914 and 1915.

Measles and scarlatina, which were once so prevalent, break out now only here and there. The report of the ten days already mentioned tells of only fifty-nine cases of measles and fifty-three of scarlatina in the entire army.

Trench feet, brought about by standing in the freezing mud for days at a time in shoes which hinder the circulation, are being combated successfully. The last report shows only 383 cases in ten days during the coldest season, whereas in five days of the same period last year no fewer than 3,831 cases were treated. Formerly amputation was resorted to very frequently, but now the method of treatment employed has done away with this radical means.

Mr. Elder Lee Mann,  
is your income assured for life? It should be and it can be. Call or write and let us explain. National Life Ins. Co. of Vt. (Mutual). S. S. Ballard, general agent, Rialto block, Montpelier, Vt.

WHENEVER I see the word  
VILEPT in print I want to  
PULL SOMEBODY'S hair. I  
DON'T BELIEVE in using the  
DICTIONARY AS A  
STUMBLING BLOCK for the  
FOLKS AT home or elsewhere.  
I HEARD a woman say  
"I USE a preparation.  
VILEPT HERPICIDE."  
HER HAIR was really beautiful  
BUT HER language  
MADE ME sick.

Yours for beautiful hair,  
Hersicide Mary

## Topics of the Home and Household.

A couple strips of rough sandpaper,  
about an inch wide and seven or eight  
inches long will be found very con-  
venient when opening can covers which  
screw on. Place a strip about the edge  
of the cover and then give it a twist.

Bloomers made out of old raincoats  
will save the children from many a cold  
contracted while playing in the melting  
snow. They can be made after the ordi-  
nary bloomer pattern, and if a hook and  
eye is placed on the rubber band about  
the knees, the waterproof material will  
not be so likely to crack as if it were  
gathered tight when not in use.

"Spring Gardening in Window Boxes.

This year, instead of putting geraniums and ivy in your window boxes, raise vegetables. Oh, yes, you can. For instance, there are the early onions, so expensive and so valuable in the spring diet. Buy a packet of seed, sow it in your window box and save about \$2, for you will have from one box enough re-  
sult to amount to that much money had you to buy them from your grocer.

Have one box just for parsley. You have no idea how beautiful a plant it is. Cut off the tops, when you want to use any, and the roots will keep on sending up new shoots for the whole summer. A boxful of radishes will do just as well as though they were growing in a garden. A tomato plant in a pot which is two feet deep and carefully tended will give you those early tomatoes for which you have to pay such an exorbitant price.

A sowing of celery will give you tasty shoots for soup when your grocer will have almost none and will charge a lot for what he has. If you have a bay window looking toward the south you can raise enough lettuce for salad in it. And whatever you do, don't fail to have a green pepper plant and an okra plant.

One green pepper plant in a good sized pot will give you peppers for nearly all summer at a cost of five cents for the seed. And an okra plant, with its weird, beautiful flowers, is far more attractive than a rubber plant, besides having the virtue of supplying you with a rare and much prized seasoning.—New York Sun.

Cooking for the Fun of It.

War cooking is more fun than fashion shows or solitaire. It has a philosophy as great as evolution and a purpose as big as democracy. "I'd rather be keeping house to-day than anything else I can think of," said two women simultaneously to the United States food administration. The one was a housekeeper, the other was a "business" woman. Can you blame them when recipes like these are being sent broadcast through the country?

Nut Cheese—One cup stewed tomatoes, one cup peanut butter, one-half cup cornstarch, salt. Stir peanut butter and cornstarch into the tomatoes until thoroughly mixed, and add salt to taste. Pour into an oiled earthen dish and serve either hot or cold, cutting in slices as for meat loaf.

Fudge Squares—One-half cup vegetable oil, one cup molasses, two eggs, one-half teaspoon soda, one and three-fourths rye flour, one-half teaspoon baking powder, one and one-fourth teaspoon salt, two squares melted chocolate, one cup nuts, one teaspoon vanilla. Combine ingredients in the order given, sifting the dry ingredients together. Pour the mixture into a shallow pan. Bake it 10 to 12 minutes in a hot oven and cut into squares while it is warm.

Cottage Cheese Drop Cookies—Four tablespoons vegetable oil, one cup corn syrup, one egg, one cup cottage cheese, one-fourth teaspoon soda, one teaspoon baking powder, one-fourth teaspoon nutmeg, one and three-fourths cups flour (about). Add the vegetable oil to the corn syrup. Mix well. Add the beaten egg and the cottage cheese. Sift the dry ingredients together and add them to the mixture. Drop the dough by spoonfuls on greased pans and bake them in a moderate oven. The amount of flour will vary with the amount of moisture in the cheese.

Whey Salad Dressing—One cup whey, one-fourth cup vinegar, one cup corn syrup, one-half teaspoon salt, paprika, one-eighth teaspoon turmeric, three tablespoons flour, one-third cup sugar, two tablespoons vegetable oil. Heat the vinegar and the whey. Mix all the dry ingredients, add them to the whey, and cook the mixture until it is smooth and thick. Then add the fat or oil to the dressing.

Dorothy Dexter.

Isis your Doctor

For wounds, burns, abrasions, too small for physicians' attention; on old sores, chapping, after-shaving, skin diseases and all inflammation; KINEX KREAM soothes, takes out soreness, prevents infection, hastens healing. Get it at drug stores; or Kinex Co., Rutland, Vt.

## Five Bottles Peruna Restored Me To Complete Health



I have  
Been In  
The Best  
Of Spirits  
Since, And  
Feel That I  
Owe My  
Health To  
Peruna

Mr. C. N. Petersen, dealer in fine boots, shoes and cigars, 132-S. Main St., Council Bluffs, Ia., writes: "I cannot tell you how much good Peruna has done me. Constant confinement in my store began to tell on my health and I felt that I was gradually breaking down. I tried several remedies prescribed by my physician, but obtained no permanent relief until I took Peruna. I felt better immediately and five bottles restored me to complete health. I have been in the best of spirits since, and feel that I owe my health to it."

Our booklet, telling you how to keep well, free to all. The Peruna Co., Columbus, Ohio.

Those who object to liquid medicines can now procure Peruna Tablets.—Adv.

## IN THE RAIN

By S. GODFREY.

(Copyright, 1918, Western Newspaper Union.)

Ralph Allen left the train at Carlinville Junction. A heavy rain drove and scattered viciously on the platform; he buttoned his mackintosh closely around him and stepped under the projecting roof of the little station. The village was a mile distant and the prospect of floundering through the downpour about was not agreeable. He muttered some adjectives relative to the weather, and was surprised to hear a feminine voice close to him ask:

"I beg your pardon; can you tell me the means of getting to the village at once? Of course, I mean a carriage."

Ralph threw his cigar, freshly lighted, across the track, then wondered why. He was not in the habit of discarding cigars upon being addressed by persons with whom he was not acquainted. He answered:

"Don't know, I'm sure. I hope—er, a carriage can be secured. I had decided to wait inside for a time."

He opened the door and bowed as she passed through, observing that her attire was faultless, and tried to imagine what brought her to this deserted country station. Ralph inquired of the ticket agent if he could get a carriage to drive to town at once, and being informed in the negative, seated himself beside his new acquaintance.

"There doesn't seem to be any way out of it," he said, "unless we walk."

"Then I suppose I must wait for the rain," she said.

"We if you do not object," he corrected. "I should be honored to act as porter," glancing at her valise, "and escort."

"Thank you indeed, if you will be so good, though I fear it would be presuming too much upon your kindness."

"The kindness will lie entirely in your allowing me to assist," he said. Through the hazy transparency of the veil he could distinguish handsome outlines, and eyes that shone and laughed. There could be no necessity for wearing it indoors. Her voice sounded as the voice of one he had heard often, somewhere. A suggestion of a soft, modulated drawl was pleasing. Who among his feminine acquaintances possessed that peculiarity of accent. Suddenly he turned toward her and scrutinized her intently.

It was in London, three years before, he recalled, that he had met her and after meeting her he had met her party traveled to Paris and over the continent, and singularly, his plans took him to the same places. When they parted he had promised to write. But he omitted to include his street address in his missive, and she had no means of learning the location of his office. A mistake he had made, which had been smoothed when she knew him in Europe.

"I've run out here on some live stock business, and as I'm not expected, there's no one here to meet me. Otherwise my transportation facilities would be entirely at your service."

"If it comes to that, it is I who should excuse myself for being here," she replied. "I have been invited to the wedding of a college friend, and

thinking I could not come sent regrets. Then at the eleventh hour I managed to get away," smiling, "and so—"

"And so we're here."

She looked at him questioningly. He wished he had an invitation to that wedding. He only said:

"The rain has ceased. Shall we start?"

"Certainly, if you wish."

"I ought to introduce myself. My name is Ralph Allen. My home is in New York." The statement did not sound very smooth, but he had opened a subject.

"I am very glad to have met you, Mr. Allen. I can't thank you enough for bothering to help me tonight."

"I should like you, please, not to speak of that again. Once for all, it is a privilege. But it is so pleasant now. And I was thinking of a girl I knew once. She was very much like you. That's why I speak of her. You—you don't mind?"

"No; I should like to hear," she said slowly, looking away from him. Then he continued:

"She was in England several years ago, and we met." He spoke as though recalling memories to his own mind, and did not look at the woman at his side. "I only knew her a month, and perhaps I shouldn't have taken the liberty. But I couldn't help thinking—so much of her."

"And you?"

"I had to return to New York. It would not have been fair to tell her so soon."

"You wrote so? Selfish."

"I wrote to her, and she would have answered, I thought, but I never heard from her."

"Tell me, do you make a practice of leaving your correspondents to guess at your address? She—she may not have known where to write?"

"I don't understand. She knew I lived in New York."

"You might have been thoughtful enough to mention your residence or your office number."

"That was like her, that remark. That's why I told you. Do you think she cared? Do you think she cares now?"

"Why—why don't you ask her?"

The satchel fell to the walk. He sought both her hands and held them in his.

"Do you, Mabel, do you?"

The veil was not over her face now, and she said:

"Yes; oh, yes."

WALK ERECT  
AT EIGHTY

Because a man or woman is old does not mean that they must walk bent over and supported with a cane. A man can be as vigorous and healthy at eighty as at twenty if he aids the organs of the body in performing their functions.

All diseases whether of a malignant or weak character, tend to tear away our vitality. You must counteract disease in its incipient stage if you would live a happy and useful life.

GOLD MEDAL Haaren Oil Capsules, a 200-year-old preparation that is used all over the world, contains soothing oils combined with strengthening and system-clearing herbs. These capsules are a prescription and have been and are still being used by physicians in daily practice. They have proven their merit in relieving backache, kidney and bladder complaints and all ailments arising from an excess of uric acid in the system.

GOLD MEDAL Haaren Oil Capsules are sold at all reliable druggists. They are guaranteed to cure, everything as claimed or money refunded. Don't be misled by false imitations. Look for GOLD MEDAL on every box.—Adv.

**BARLEY**

Malted Barley  
not only saves wheat in making  
**Grape-Nuts**  
but produces actual sugar from  
the grains.

No sugar is needed with  
Grape-Nuts and less milk than  
with the ordinary cereal.

**Delicious War Bread**

**The Easter Bonnet**

HOW ABOUT  
DINNER,  
MABEL?

JUST A MINUTE  
DEARIE, I HAVE  
A LITTLE SURPRISE  
FOR YOU THIS  
EVENING

Reserve Millions Shop